



RECOMMENDED PACKING LIST

- ☐ Shoes and clothing for arrival and departure cities
- ☐ Waterproof trousers
- ☐ A wool jumper or fleece jacket
- ☐ A bodywarmer or sweatshirt
- ☐ Two sets of thermal underwear
- ☐ A turtleneck jumper and a long sleeve shirt
- ☐ One or two t-shirts
- ☐ Jeans or other comfortable trousers
- ☐ Sports clothing for the onboard fitness centre
- ☐ Swimwear for visiting the spa and pool
- ☐ Two pairs of mittens, gloves, and glove liners
- ☐ A warm windproof hat
- ☐ A warm shawl or scarf
- ☐ A balaclava
- ☐ Warm socks (several pairs), merino wool, nylon or organic fibre
- ☐ Warm hat, not wide-brimmed
- ☐ Trainers or comfortable shoes that are easy to walk in whilst on board
- ☐ A waterproof, airtight case for your camera and other electronic gear
- ☐ UV-protective sunglasses
- ☐ Sunscreen for face and lips, hand cream and lip balm
- ☐ Camera, extra memory cards and flash drives, extra batteries, and lenses
- ☐ Laptop or tablet for taking notes and uploading photos
- ☐ Chargers for electronics, adapters, and power banks as required
- ☐ An extra pair of eyeglasses or an extra set of contact lenses
- ☐ Medical supplies prescribed by your doctor, with a few extra days to spare



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