



BEFORE YOU TRAVEL

PACKING - WHAT TO BRING?

Preparing for an Arctic expedition cruise requires thoughtful packing to accommodate varying temperatures and activities. On board, the dress code is casual, prioritizing comfort, though you're welcome to dress up for dinner if you want!

For shore excursions and outdoor time, warm, windproof, and waterproof clothing is essential. The key to staying comfortable is layering:

- Begin with a moisture-wicking wool base layer, add an insulating fleece or sweater, and finish with a wind- and waterproof jacket.
- For your legs, lightweight, durable pants are typically sufficient on land, while thermal underwear provides extra warmth on colder days. Water-resistant pants are necessary for all Zodiac excursions and excursions in wet or windy conditions.
- Sturdy, slip-resistant hiking boots are ideal for both onboard wear and exploring villages or trails.

To simplify your packing, our expedition experts have prepared a list of must-bring and recommended gear. Happy packing!



1. Base Layer



2. Middle Layer



3. Top Layer





CHECKLISTS

MUST BRING:

- ☐ Waterproof jacket
- ☐ Waterproof trousers
- ☐ Slip-resistant shoes

IMPORTANT NOTE:

Your access to zodiac operations may be denied if you don't wear proper waterproof clothing.

WHAT WATERPROOF GEAR YOU MUST BRING ON BOARD:

We strongly recommend the waterproof gear to have a 10000 mm water resistance or higher. Please note that water repellent or water-resistant gear is not sufficient to join most of our off-board and on-shore activities.

WE RECOMMEND TO CARRY ON BOARD THE FOLLOWING CLOTHING:

- ☐ Base Layer: Technical fabrics / Lightweight clothes
- ☐ Mid Layer: Wool/Fleece sweater(s)
- ☐ Outer Layer: wind jacket
- ☐ Thermal Underwear
- ☐ Leisure trousers
- ☐ Sun hat (+ mosquito hat - Greenland only)
- ☐ Winter hat, scarf and waterproof gloves
- ☐ Wool socks
- ☐ Hiking shoes / boots
- ☐ Swimsuit

EXPEDITION ACCESSORIES AND TRAVEL ESSENTIALS:

- ☐ Passport
- ☐ Credit card and US\$ or local currency
- ☐ Seasickness medication
- ☐ Sunscreen & SPF lip balm
- ☐ Binoculars
- ☐ High-protection sunglasses
- ☐ Waterproof backpack
- ☐ Waterproof bags
- ☐ Camera, extra battery and memory card

STAY PROTECTED - SUNSCREEN AND SEASICKNESS TIPS:

The Arctic sun can be intense, so pack a high-factor sunscreen to protect your skin. For rough seas, bring seasickness medication that suits you, as options vary and may cause drowsiness. Consult your doctor for the best choice and bring your own supply, as the ship's stock is limited.