



CJN_SE001_Active & Discovery Holland Belgium_8D2C_2025-2026

ACTIVE & DISCOVERY IN HOLLAND & BELGIUM

WAD • AMSTERDAM → AMSTERDAM

Meals

Breakfast: 7 Lunch: 6 Dinner: 7

Transport

State-of-the-art, luxurious river cruise vessels with modern services and amenities

Accommodation

Deluxe outside accommodations with Avalon's exclusive Comfort Collection Beds

HighLights

Antwerp

Ghent

Ghent

Middleburg



DAY1: AMSTERDAM, HOLLAND (EMBARKATION)

How Suite It Is! Welcome Aboard Your Avalon Suite Ship. Flights into Amsterdam must arrive by 3:30 pm. Guests must be on board ship by 5 pm. During tulip season, you may take a Guided Optional Excursion to Keukenhof gardens-with more than seven million tulips, daffodils and hyacinths, as well as other bulbs, planted each year. Outside of tulip season, join a Guided Optional Excursion to Zaanse Schans to see historic windmills and charming Dutch houses. EVENING/OVERNIGHT CRUISE TO MIDDELBURG (D)

DAY2: MIDDELBURG

A Castle Moat, an Oyster Farm and Dutch Sea Trade Join your Adventure Host for today's special activities. ACTIVE Take a Guided Walk through woods and dunes; see Castle Westhove and farmlands of the beautiful North-Sea area, OR: DISCOVERY Enjoy a Guided Visit to a family owned Oyster Farm, active in the cultivation of crustaceans and shellfish in the Netherlands since 1906. A taste of oysters and lobster, accompanied with a glass of wine is the perfect ending of this beautiful experience, OR: CLASSIC Join a Guided Walking Tour through the winding cobblestones and canals of Middelburg. See the 15th-century Gothic Town Hall and learn about its important role in the spice trade and Dutch East India trading. EVENING/OVERNIGHT CRUISE TO GHENT (B,L,D)

DAY3: GHENT, BELGIUM

Flemish Artwork and Street Artists ACTIVE Explore the outskirts of the city and the lesser known sights on a Guided Bike Tour, OR: DISCOVERY Join a Guided Tour of Graffiti Street, where artists create striking spray-can art to their heart's content. And do not miss the chance to become an artist yourself, creating your

street art, OR: CLASSIC Explore Ghent-"The Diamond of Flanders"- with a Guided Sightseeing Tour of this showcase of medieval Flemish wealth. You'll visit St. Bavo's Cathedral-with its remarkable Flemish artwork. Alternatively, you may choose to join a full-day Guided Optional Excursion of Bruges to explore its canals, cobbled streets, and medieval buildings. You'll see its crisscrossed canals, the 13th-century belfry of Market Square, and charming patrician houses. You won't miss the opportunity to explore Ghent since this Optional Excursion ends with an orientation walk of the "Diamond of Flanders." EVENING/OVERNIGHT CRUISE TO BRUSSELS (B,L,D)

DAY4: BRUSSELS

Ancient Streets, and Chocolate Sweet ACTIVE Take a bike tour to explore the beauty near Brussels, including the Belgian town of Laken, home to the Royal family estates, exotic pavilions from the world expo, and beautiful parks and lanes, OR: DISCOVERY Join a Belgian chocolate-making Workshop to learn how to create your own delicious candies. Enjoy a cup of the finest hot chocolate, while crafting traditional confections of pralines and mendiante from scratch, OR: CLASSIC Join a Guided Tour of Brussels, see the Town Hall with its landmark buildings, discover the many local bars, cafes, and shops of the Lower Town Streets, and visit the Atomium. The afternoon is free to explore Brussels -considered home to the European Union, and admire its magnificent palaces and cathedrals. Alternatively, enjoy one of the Optional Excursions on offer. Later enjoy live entertainment onboard. OVERNIGHT CRUISE TO ANTWERP (B,L,D)

DAY5: ANTWERP

Bike Riding, Brave New Worlds, and Rubens' Art Join your Adventure Host for today's special activities. ACTIVE Enjoy a Bike Tour and discover centuries of history and a story around every corner. Don't miss out the unique atmosphere of small neighbourhoods and squares, OR: DISCOVERY Join a Guided Tour of the Red Star Line Museum. Follow the footsteps of the emigrants, become acquainted with the Red Star Line passengers and accompany them on their trip from their native village via Antwerp to the new world, OR: CLASSIC Take a Guided Tour of this sophisticated city to visit the central Grote Markt, lined with 16th-century guildhall houses. You'll also see the beautiful city hall, the Cathedral of Our Lady with its stunning altarpiece paintings by Rubens. This afternoon take time on your own to indulge in Antwerp's signature Belgian waffles and crepes-or explore this bike-friendly city from its old wharfs to its legendary diamond district. You might consider partaking one of the Optional Excursion available. EVENING/OVERNIGHT CRUISE TO ROTTERDAM (B,L,D)

DAY6: ROTTERDAM, HOLLAND

Avant-garde Architecture and Art Lessons ACTIVE Take a unique Architecture Bike Tour to see the architectural highlights of Rotterdam. Do not miss the interesting Cube Houses, the popular Market Hall, the spectacular Erasmus Bridge, the vertical city 'De Rotterdam', and the iconic Central Station. In the city centre, admire how historic buildings lash cheerfully with hypermodern skyscrapers. OR: DISCOVERY Attend a Pottery Workshop. In a characteristic painter's room, a professional painter will guide you through the process of painting a Delft tile, OR: CLASSIC Join a Guided Sightseeing Tour of Rotterdam featuring unusual collection of cube houses innovative architecture, including the marvellous Erasmus Bridge, and plenty of other fascinating sites. Before dinner, enjoy a cruise through Rotterdam harbour. In the evening,

enjoy live entertainment on board. EVENING/OVERNIGHT CRUISE TO AMSTERDAM (B,L,D)

DAY7: AMSTERDAM

Colourful Canals of Amsterdam ACTIVE Join a Guided Kayak Tour which provides a unique perspective of Amsterdam from the waters of its magnificent canals, OR: DISCOVERY Attend a Painting Class and be inspired by the masters' techniques. Paint your own canvas and discover your inner artist, OR: DISCOVERY Discover the true beauty of Amsterdam with an off-the-beaten-path Guided Walking Tour through its cobblestone streets for a captivating look at this legendary city, OR: CLASSIC Enjoy a Guided Canal Cruise to explore the iconic waterways and sites of Amsterdam. This afternoon, choose among the many Guided Optional Excursions available or take some free time to explore Amsterdam's colourful streets and canal houses, galleries, and shops. OVERNIGHT DOCKING IN AMSTERDAM (B,L,D)

DAY8: AMSTERDAM (DISEMBARKATION)

Your cruise ends with breakfast this morning. (B)

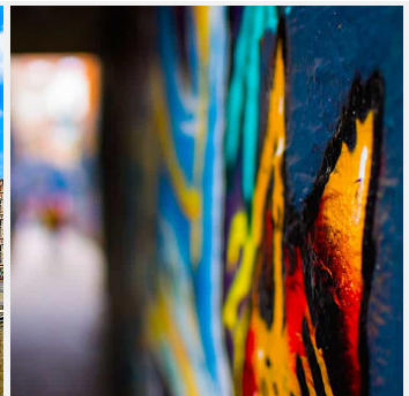
HIGHLIGHTS



Antwerp



Ghent



Ghent



Middelburg

